

JANUARY 2018



Blackstone Café
728-9290

Suggested donation \$3.00

Café on Chopmist Hill
647-2662



WEDNESDAY	THURSDAY	FRIDAY
<p>3 Pasta & Bean Soup Chicken Leg Quarter Baked Potato w/Sour Cream California Blend Vegetables Pudding Oatmeal Bread <i>(Egg Salad on Oatmeal Bread)</i></p>	<p>4 Chicken Soup Roast Pork Loin w/ Applesauce Mashed Sweet Potatoes Cauliflower Cookies Roll <i>(Chicken Salad on Roll)</i></p>	<p>5 Clear Chowder Seafood Newburg Seasoned Brown Rice Capri Blend Vegetables Ice Cream Wheat Dinner Roll <i>(Pastrami & Swiss on Roll)</i></p>
<p>10 Chicken Soup w/Anci de Pepe Knockwurst w/Mustard Boiled Potatoes Carrot & Cabbage Mix Jello Wheat Bread <i>(Sliced Chicken w/Cheese on Wheat)</i></p>	<p>11 Red Chowder Country Crisp Fish w/Tartar Rice Pilaf Scandinavian Blend Vegetables Brownie Marble Bread <i>(Meatloaf on Marble)</i></p>	<p>12 100% Orange Juice Fruit Stuffed Pancakes w/ Syrup Baked Ham Tomato Half Yogurt <i>(Fish Sand on Bun)</i></p>
<p>17 Italian Wedding Soup Pot Roast w/Gravy Garlic Mashed Potatoes Asparagus Fresh Fruit 9-Grain Bread <i>(Seafood Salad on 9 Grain)</i></p>	<p>18 <u>Happy Birthday</u> Tomato Soup w/Brown Rice Airline Chicken Pasta w/ Pesto Sliced Carrots Frosted Cupcake Wheat Bread <i>(Tuna on Wheat)</i></p>	<p>19 Corn Chowder Stuffed Sole w/Scallops & Clams Wild Rice Broccoli Cuts Sliced Pears Dinner Roll <i>(Meatball Sub)</i></p>
<p>24 Chicken Soup BBQ Pulled Pork Baked Beans Vegetable Medley Fresh Fruit Multi Grain <i>(Chicken Salad/w/ Cranberry/ Walnuts on Multi Grain)</i></p>	<p>25 Kale & Bean Soup American Chop Suey Whole Wheat Elbow Pasta Winter Blend Vegetable Butterscotch Pudding Rye Bread <i>(Ham Salad on Rye)</i></p>	<p>26 Cream of Broccoli Soup Chicken Cutlet w/ Lite Gravy Buttered Corn Zucchini Sour Cream Coffee Cake Wheat Bread <i>(Hot Dog on Bun)</i></p>
<p>31 Escarole and Bean Soup Meatballs w/ Sauce Seasoned Wheat Ziti Tossed Salad w/ Dressing Ice Cream 9-Grain Bread <i>(Ham Salad on 9-Grain)</i></p>	<p><i>Funded in part by the US administration on aging and state funds by the Rhode Island Department of Elderly Affairs</i> <u>All menu items may contain nuts, seeds, beans and wheat bran+other allergens</u></p>	<p><u>Salad of the Month</u> Grilled Chicken Tomato-Croutons- Parmesan Cheese Spinach/Lettuce Blend Caesar Dressing</p>



Please inform Kitchen of any food allergies.

_____ Name