

FEBRUARY 2018

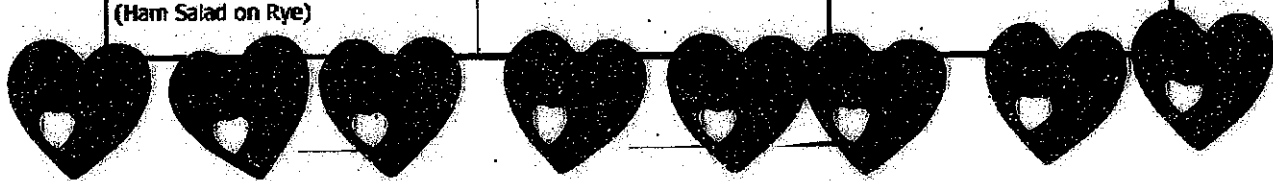
Blackstone Café
728-9290

Suggested donation \$3.00

Café on Chopmist Hill
647-2662

LOVE LOVE LOVE LOVE LOVE

WEDNESDAY	THURSDAY	FRIDAY
<p>Thank you for your donations. Your donations help keep the Program going.</p>	<p>1 Italian Wedding Soup Veal w/ Mushroom Gravy Oven Roasted Potatoes California Blend Vegetables Fresh Fruit Wheat Bread <i>(Salmon Salad on Wheat)</i></p>	<p>2 White Chowder Florentine Fish Garlic Mashed Potatoes Sliced Carrots Pudding Dinner Roll <i>(Meatloaf on Italian)</i></p>
<p>7 Low Sodium V8 Beef Stroganoff Mashed Potatoes Mixed Vegetables Lemon Pudding Garlic Bread <i>(Pulled Pork on a Roll)</i></p>	<p>8 Chicken Escarole Soup Tuna Noodle Casserole Broccoli Chocolate Chip Cookies Rye Bread <i>(Buffalo Chicken Salad on Rye)</i></p>	<p>9 Tomato & Brown Rice Soup French Meat Pie w/Ketchup Brussels Sprouts Diced Peaches Wheat Bread <i>(Egg Salad on Wheat)</i></p>
<p>14 Pasta and Bean Soup Baked Fish w/ crumb topping/ lemon wedge Rice Pilaf Green Beans Coffee Cake Marble Bread (Chicken Salad w/ Cranberry and Walnuts on Marble)</p>	<p>15 Birthday Celebration Barley Vegetable Soup Roasted Chicken Quarter Seasoned Whole Wheat Pasta Capri Blend Vegetables Frosted Cupcake Pumpernickel Bread <i>(Honey Ham & Cheese on Pumpernickel)</i></p>	<p>16 Minestrone Soup Yankee Pot Roast w/Gravy Parsked Potatoes Seasoned Zucchini Fruit Cocktail Oatmeal Bread <i>(Shrimp Salad on Oatmeal)</i></p>
<p>21 Moroccan Lentil Soup Low Sodium Hot Dog Baked Beans Cole Slaw Chocolate Pudding Wheat Bread <i>(Turkey and Swiss on Wheat)</i></p>	<p>22 Venus de Milo Soup Swedish Meatballs Buttered Noodles Sliced Carrots Spumoni Multi Grain Bread <i>(Tuna Salad on Multi Grain)</i></p>	<p>23 Red Chowder Seafood Casserole Oven roasted sweet potatoes Broccoli Cuts Fresh Fruit Rye Bread <i>(Salami/ Provolone on Rye)</i></p>
<p>28 Beef Barley Soup Fried Steak w/ Country Gravy Mashed Potato Tomato Half Fresh Fruit Rye Bread <i>(Ham Salad on Rye)</i></p>	<p>February Salad Option Ham- Tomatoes Hard Boiled Egg- Cuke Spinach/ Iceberg Blend Light Ranch Dressing</p>	



Please inform Kitchen of any food allergies.

Name _____