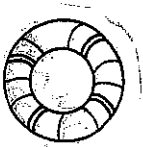
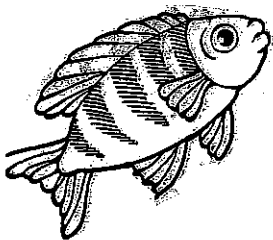
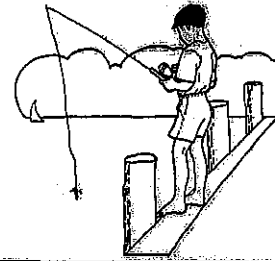
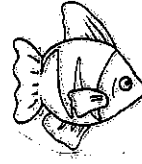
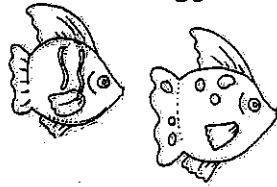
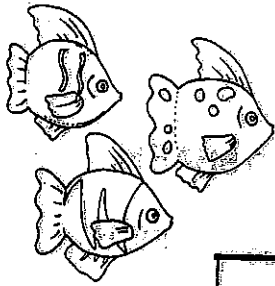


# AUGUST 2017

Blackstone Café  
728-9290

Suggested donation \$3.00

Café on Chopmist Hill  
647-2662



WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Chicken Soup w/Anci DiPepe <b>Roast Turkey w/Cran. Sauce</b> Capri Blend Vegetables Cornbread Stuffing Sliced Pears Wheat Bread <i>(Egg Salad on Wheat)</i>	<b>3</b> Lentil Soup <b>Stuffed Pepper w/Sauce</b> Oven Roasted Potatoes Parslied Carrots Fresh Fruit Pumpernickel Bread <i>(Tuna on Pumpernickel)</i>	<b>4</b> Escarole & Bean Soup <b>Pot Roast w/L.S. Gravy</b> Mashed Potatoes Green Beans Chocolate Chip Cookies Roll <i>(Fish Sandwich on a Roll)</i>
<b>9</b> Onion Soup <b>Meatballs w/Sauce</b> Whole Grain Shells Tossed Salad w/Dressing Fresh Fruit Multi Grain Bread <i>(Chicken Salad on Multi Grain)</i>	<b>10</b> Orange Juice <b>Plain Omelet w/Tomato Slice</b> Baked Ham Home Fried Potatoes Fruited Yogurt <i>(Eggplant w/Sauce on a Roll w/ Side Salad)</i>	<b>11</b> Vegetable Soup <b>Tuna Salad</b> Summer Tortellini Salad Seasoned Diced Beets & Onions Angel Food Cake Rye Bread <i>(Corned Beef on Rye)</i>
<b>16</b> 100% Grape Juice <b>Turkey Chili w/Cheese</b> Corn Bread Salad w/Dressing Butterscotch Pudding <i>(Ham Salad on Rye)</i>	<b>17</b> <u>Birthday Party of the Month</u> Venus de Milo Soup <b>French Meat Pie w/Ketchup</b> Brussels Sprouts Frosted Cupcake Wheat Bread <i>(Seafood Salad on Wheat)</i>	<b>18</b> Lemonade <b>Marinated Grilled Chicken</b> Pasta Salad Cole Slaw Watermelon Dinner Roll <i>(Hamburger on a Roll)</i>
<b>23</b> Escarole & Bean Soup <b>Chopped Sirloin w/Low Sodium</b> <b>Mushroom Gravy</b> O'Brien Potatoes Tomato Half Tropical Fruit Wheat Bread <i>(Bologna/ Cheese on Wheat)</i>	<b>24</b> Beef Barley Soup <b>Stuffed Cabbage w/ Sauce</b> Seasoned Golf Ball Potatoes Mixed Vegetables Shortbread Cookie Rye Bread <i>(Ham and Cheese on Rye)</i>	<b>25</b> 100% Cranberry Juice <b>Honey BBQ Boneless Chicken</b> Buttered Corn Tomato & Cucumber Salad Diced Pears Wheat Bread <i>(Hot Dog on a Roll)</i>
<b>30</b> Egg Drop Soup <b>Shrimp Chow Mein w/Crunchy Noodles</b> Oriental Blend Vegetables Mandarin Oranges Hamburger Bun <i>(Hamburger on a Bun)</i>	<b>31</b> Kale & Bean Soup <b>Liver &amp; Onions</b> Mashed Potatoes Vegetable Blend Fresh Fruit Oatmeal Bread <i>(Italian Grinder)</i>	<p style="text-align: center;"><i>Funded in part by the US Administration on Aging and the Rhode Island division of Elderly Affairs</i></p> <p style="text-align: center;"><i>Thank you for your donations! Your donations help keep the program going!</i></p>

Please inform Kitchen of any food allergies.

\_\_\_\_\_ Name